



## ERICA CHAPTER # 13 UTTARAKHAND (NURSING SCHOLAR SOCIETY)

*in collaboration with*  
**COLLEGE OF NURSING, CIMS&R  
AND  
AROGYAM COLLEGE OF NURSING**  
*Organising*

**A NATIONAL WEBINAR  
ON THE OCCASION OF**

**INTERNATIONAL DAY AGAINST DRUG ABUSE  
AND ILLICIT TRAFFICKING  
(JUNE 26, 2026)**

### OUR RESOURCE PERSONS



**Dr Alka Saxena**  
Professor cum Principal  
Government College of Nursing  
BRD Medical College, Gorakhpur U.P.



**Dr. M.S. Vinsi**  
Professor cum Principal  
Bombay Hospital  
College of Nursing, Indore



**Dr. Grace Madonna Singh**  
Professor & Head  
Mental Health Nursing Deptt.  
Himalayan College of Nursing, SRHU

### OBJECTIVES

- By the end of the webinar, participants will be able to:
1. Describe current patterns and emerging trends in substance use, including vaping and prescription drug misuse.
  2. Explain the association between mental health disorders and substance use disorders.
  3. Recognize the influence of digital media and social networking platforms.
  4. Identify early warning signs of substance abuse and addiction.
  5. Discuss the role of nurse in substance use prevention.

### PARTICIPANTS

- Undergraduate Nursing Students
- Postgraduate Nursing Students
- Nursing Faculty
- Nursing Officers and Clinical Nurses
- Nurse Administrators
- Allied Health Professionals



#### DATE

26-06-2026



#### TIME

03:00 PM- 05:00 PM



#### MODE

Virtual Mode

## **COLLEGE OF NURSING, CIMS&R, DEHRADUN, UTTARAKHAND**

College of Nursing, CIMS&R **was established in 2002 under J.J Educational University, Dehradun.** Located at Kuanwala, Haridwar Road, Dehradun, Uttarakhand.

Affiliated with Hemwati Nandan Bahuguna Uttarakhand Medical Education University.

Approved by the government of Uttarakhand and recognised by relevant regulatory bodies.

Offers Nursing Programme M.Sc. Nursing, B.Sc. Nursing, Post Basic, GNM, ANM. Provide practical training through affiliated healthcare facilities and clinical exposure. It provides quality health care education and professional training in Uttarakhand. The institute has developed modern academic infrastructure, laboratories, library facilities, and clinical training opportunities for health care students.

## **AROGYAM COLLEGE OF NURSING, ROORKEE**

Arogyam College of Nursing **was established in 2015** with the vision of strengthening nursing education and producing skilled healthcare professionals to meet the growing healthcare needs of society. Affiliated with Hemwati Nandan Bahuguna Uttarakhand Medical Education University. Approved by the Government of Uttarakhand and recognised by relevant regulatory bodies. Offers a Nursing programme M.Sc. Nursing, B.Sc. Nursing, Post Basic, GNM, ANM. Focuses on academic excellence, clinical training, professional ethics, and community health services. Encourages research, leadership and evidence-based nursing practice.

## **NURSING SCHOLAR SOCIETY (NSS)**

The Nursing society **was established after the seed giver Founder Dr. Suwersh Narula Khanna** with the strong determination, laid the foundation for the society formation. **Principal Dr. Binu Joe** and the whole founder members of the society with the unwavering determination and enthusiasm, took the responsibility to make the vision a reality. A strong executive committee of founder circle members was established and the society was registered under as per Mumbai Registration at of 1950(F-3806).

## **OBJECTIVES OF NSS MISSION**

1. The overall goal of the society is to encourage and recognize the scholarly skills of professional nurses in written and speech or in the community services. The nurses must be license holders starting from ANM TO Ph.D. from a variety of Indian Nursing Council recognised Programs. They shall be from all the spheres of nursing profession such as education, clinical practice, administration, research, community services at midwives. These burses must be trained in India may now be residing abroad. The society shall include the global nursing professional members in an honorary member capacity.
2. To form chapters in each state and group of colleges.
3. To get affiliated with national and international nursing societies.
4. Have scholarly paper study presentations.

## ABOUT WEBINAR

This National Webinar is being organized by the College of Nursing, CIMS&R, in collaboration with AROGYAM College of Nursing and Nursing Scholar Society (NSS) on the occasion of International Day Against Drug Abuse and Illicit Trafficking (June, 26 2026)

### THEME OF THE WEBINAR

## “Beyond Awareness: Addressing Emerging Substance Use Challenges.”

#### Purpose of the Webinar:

- The webinar aims to increase awareness among nursing students, educators, and healthcare professionals about:
- Current trends and emerging patterns of substance abuse.
- The relationship between mental health disorders and substance use.
- The impact of social media and digital platforms on substance-use behaviours.
- Early identification of substance abuse and addiction.
- The role of nurses in prevention, screening, counselling, referral, and health promotion.
- This webinar supports global efforts to prevent drug abuse, promote mental health, and empower nursing professionals with evidence-based knowledge to address substance-use disorders in healthcare and community settings.

### Expected Outcomes

1. Increase awareness regarding contemporary substance- use challenges and preventive strategies.
2. Enhanced competency of nursing professionals in identifying and responding to substance-use disorders.
3. Improved understanding of the mental health dimensions of addiction.
4. Strengthened commitment among participants to promote healthy lifestyles and substance- free communities.

**Registration Link: <https://forms.gle/x4LHmCfWTSF82w8W6>**

For More Detail contact us :- 8979607164 ( Mrs.Sheetal Dhillpe, Assistant professor, Arogyam nursing college) , Ms.Megha (Nursing Tutor) -7906082251

# PROGRAMME SCHEDULE

**Time: 3:00PM-5:00 PM**

<b>Time</b>	<b>Topic</b>	<b>Resource person</b>	<b>Moderator of the session</b>
3:00 PM-3:05 PM	Welcome address		<b>Dr. Anjana Williams</b> Principal and HOD, Mental Health Nursing, Himalayiya College of Nursing,
3:05 PM-3:35 PM	The New Face of Addiction: Vaping, E-Cigarettes, Prescription Drug Misuse, social media influence and emerging trends among youth	<b>Dr. Alka Saxena</b> Principal cum professor Government college of nursing BRD Medical College Gorakhpur, U.P.	<b>Mrs. Chetana</b> Professor cum Principal College of Nursing, CIMS&R
3:35 PM-4:10 PM	Mental Health and Substance Use: Understanding the hidden connection between stress, anxiety, depression, and Drug Abuse	<b>Prof. Dr. M.S. Vinsi</b> Principal Bombay Hospital College of Nursing, Indore	<b>Dr. K. Nalini Devi</b> Professor cum Principal Quadra Institute of Nursing, Roorkee.
4:10 PM- 4:55PM	Role of Nurses in Early identification, brief intervention and referral for substance use disorder (SBIRT Approach)	<b>Dr. Grace Madonna Singh</b> Professor & Head Mental Health Nursing Deptt. HCN, SRHU	<b>Mrs. Navneeta Khrist</b> Professor cum Principal Arogyam College of Nursing, Roorkee Erica Chapter # 13 Uttarakhand President

## PATRONS



**Prof. Dr. Suwersh Narula Khanna**  
Seed Founder/ Patron



**Dr. Binu Joe**  
NSS National President

## CHIEF GUEST



**Prof. Dr. Raman Kalia**  
Professor Cum Principal  
Saraswati Nursing Institute Dhianpura  
Distt. Roopnagar (Punjab)

## GUEST OF HONOR



**Prof. Dr. Saima Jeelani**  
Assistant Professor, researcher, and  
academic leader at the Government Medical  
College, Anantnag, Jammu Kashmir.



**Prof. Dr. Mary Anbarasi**  
Professor and Deputy Director, CMC Vellore

## SPECIAL GUEST



**Dr. Mohammad Hussain**  
BOS Chairman  
At Maharashtra University, Nasik



**Prof. Dr. Baskaran**  
Professor (MHN) Dept.  
PSG College of Nursing,  
Coimbatore-64004, India.

## ORGANIZING TEAM

<p>Erica Chapter # 13 Uttarakhand, President <b>Prof. Navneeta Khrist</b> Professor cum Principal Arogyam College of Nursing, Roorkee</p> <p>Erica Chapter # 13 Uttarakhand, Vice -President <b>Dr. Anjana William</b> Principal and HOD, Mental Health Nursing, Himalayiya College of Nursing,</p>		
<p>Erica Chapter # 13 Uttarakhand, Secretary <b>Mrs. Chetana</b> Professor cum Principal College of Nursing, CIMS&amp;R Erica Chapter # 13 Uttarakhand, Secretary</p>		
<p><b>Mr. Manju B.</b> Treasurer</p> <p><b>Chapter Advisor</b> Prof. Dr. Bajwa ji</p> <p><b>Research Committee:</b> Ms. Anu Panchal</p>	<p><b>By Laws Committee:</b> Prof. Dr. K Nalini Devi</p> <p><b>Election and Membership Committee:</b> Ms. Dhilpe Sheetal Mahesh</p> <p><b>Peer Review Committee:</b> Prof. Dr Amita Shilpa Gottlieb</p>	<p><b>Culture and Education Committee:</b> Ms. Radha Chauhan</p> <p><b>NSS Special Events:</b> Mr. Pradosh Somvanshi</p> <p><b>Massmedia Co-Ordinator</b> Ms. Alex James</p>